



Company Reg no: 2007/072624/23

19 Tambotie Circle
Noordwyk
Midrand
1687

Tel : (011) 318-0478
Fax: 086 659 4909
Email: brightbuddies@cybersmart.co.za
Website: www.bright-buddies.co.za

Menu

Hot porridge in the mornings before 08:00

Fruit snacks and juice at 10:00 (Parents are welcome to send additional snacks like yogurt or sandwiches. Please no sweets and junk food)

Lunch is served at 12:00

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|---------|---------------------------|
| Meal 1: | Spaghetti bolognaise |
| Meal 2: | Chicken & Rice |
| Meal 3: | Pasta & sausages |
| Meal 3: | Macaroni & cheese |
| Meal 4: | Mine & Rice |
| Meal 5: | Hot dogs |
| Meal 6: | Chicken sausages and mash |
| Meal 7: | Shepard's pie |

Sandwiches and juice at 15:00

All our lunch meals are served with vegetables. This is not the order of the meals but rather the combinations we use.

Water is available throughout the day.

We give Soy as a meat replacement.